

# Great Hygiene Begins With Keeping Our Washrooms Clean

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**Abstract:** There is no compromise about our health. The researcher want to create awareness among students, faculties, and staffs of a university and make them habituate to use washroom properly where about fourteen thousand are using washroom. Naturally we human need to use washroom but if it is an unhygienic condition; then what about our health condition; yes; we are talking about health and hygiene.

**Index Terms:** Awareness, Condition, Clean, Habituate, Hygiene, Health, Washroom

## 1. INTRODUCTION

Washroom manners are designed to maintain hygiene in the washroom. If washroom remains unclean, many types of disease may spread widely. Sometimes users do not clean their washrooms properly; and it is very important for users to be aware of how not cleaning the washroom is hazardous to one's health. So, if users make the washroom dirty, they must know how to clean it. We start our study of "Great Hygiene Begins with Keeping Our Washrooms Clean" at an educational Institution. At the beginning of our study we have found-

- Some washrooms were really dirty
- Most of the students, faculty and staff members threw tissues on the floor
- Most of the washrooms were wet
- Many users do not know how to flush
- Many users do not know how to use the toilet
- Users do not know how to sit down at the toilet

## 2. OBJECTIVES:

Every semester a good number of students come from different areas of Bangladesh. Unfortunately most of the

users are not familiar with washroom manner. If a person does not know how to use the washroom, it is not considered shameful. However, the fact that a person shows no interest in keeping the place clean, then that is considered shameful. Our objective is to make them habituate to use washroom properly. Hence, everyone in the university can take certain steps to keeping the washroom clean and learning how to use it the right way.

## 3. MEASURES:

We have attached some posters including washroom manners in every single washroom of the university, where almost ten thousand students are pursuing their degrees and almost six hundred faculty and staff members are working there. We talk face to face with the students; faculty and staff members to make them aware about the washroom manners; so that everyone can follow the specified washroom rules and make the washrooms clean, since NO ONE likes to clean up after the mess that others leave. We have collected some washroom manner posters from Google and attached them to every corner the university washroom. The images had shown the following rules in every washroom to make the students, faculties and staff members aware:



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After the posters are placed in the washrooms; the student, staff and faculty members use it, then we observed and see whether or not they follow the direction of the above images. We observed their cleaning habits for about a month to understand whether or not they are able to comprehend the images. After a month of observation we have found that-

1. Some washrooms were dirty
2. Some washroom users left tissues on the floor

3. Some washrooms were wet
4. Most of the washrooms are flushed duly, dry and clean
5. Most of the toilets are clean, no dust found on top or surrounding side of the toilet

#### 4. RECOMMENDATIONS

Based on our finding, here we have added some recommendation which will help to keep washroom dry and clean for its user-

- The authority of the university should emphasize on washroom manners
- They should provide necessary materials for creating more awareness among the user's
- Should have some lecture on washroom manner for newcomer/freshman.
- User guideline must add in every corner of washroom
- Washroom cleaner need more training – how to keep washroom dry and clean
- Air freshener is require for washroom to keep it smell free

#### 5. CONCLUSION

It is very embarrassing if users are not aware about the washroom manner. It is very important for every user to learn the manner of how to use washroom. If every user follows washroom manner then there will be no disease. Unluckily, not everyone practices good sanitation and that is why we should establish rules regarding washroom as a behavior code.

#### 6. ACKNOWLEDGMENT

All praise to almighty Allah our creator, our sustainer to whom we all have to return. We bear the witness that there is none worthy of worship except Allah merciful and benevolent and we also bear the witness that Mohammad (Sallallahu alliha wa sallam) is Allah's slave and messenger. In the process to doing and preparing this study, we would like to pay our gratitude to our beloved students\_ Spring 2016 (HRM 304 Training and Development) for their immense help and enormous cooperation. Also we like to give special thanks to the Director Administration of IUBAT, and respected faculty Mr. Tanvir. H. DeWan, who welcomes our great initiative, encourages and supports us to do so.

#### 7. CITATIONS:

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